

CRMC's Outpatient Rehabilitation Services staff provides individual patient care under the prescription of a New York State licensed physician.

Catskill Regional Medical Center participates in most insurance plans. The outpatient department is hospital-based; therefore, is not subject to Medicare caps as long as therapy services are determined to be medically necessary.

Directions to CRMC's Harris Campus

From New York City and Westchester, NY: New York State Thruway to Exit 16. Route 17 West to Exit 102. Follow the signs to Catskill Regional Medical Center.

From Binghamton, NY: Route 17 East to Exit 102. Follow the signs to Catskill Regional Medical Center.

Directions to CRMC's Grover M. Hermann Division

From New York City and Westchester, NY: New York State Thruway to Exit 16. Route 17 West to Exit 104. Follow Route 17B West to NYS Route 97. Follow NYS Route 97 South to Callicoon. CRMC Hermann Division is located on the right.

From Binghamton, NY: Take Route 17 East to Exit 87. Follow the signs through Hancock to NYS Route 97. Follow NYS Route 97 to Callicoon for 24 miles. CRMC Hermann Division is located on the right.

Rehabilitation Services Department

Office Hours:

Monday thru Friday, 9 a.m. – 5 p.m.

Evening hours are available by appointment. CRMC will always do our best to accommodate the individual needs and schedules of each patient.

845.794.3300

Occupational Therapy, extension 2579.

Physical Therapy, Speech-Language,
Audiology, extension 2139.

Catskill Regional Medical Center

P.O. Box 800

68 Harris Bushville Road

Harris, NY 12742

CRMC Grover M. Hermann Division

8881 NYS Route 97

Callicoon, NY 12723



Catskill Regional Medical Center Outpatient Rehabilitation Services

OCCUPATIONAL THERAPY • PHYSICAL THERAPY
AUDIOLOGY • SPEECH-LANGUAGE PATHOLOGY



Physical Therapy

CRMC's Outpatient Physical Therapy Department includes a staff of expert therapists. We will work with you and your physician to help you achieve the highest level of pain-free mobility.

The CRMC Physical Therapy staff is experienced in treating patients with neurological disorders and injuries due to stroke, Parkinson's Disease, head trauma, spinal cord injury and multiple sclerosis. CRMC's Physical Therapists are skilled in providing:

- Joint mobilization
- Therapeutic exercise
- Myofascial manipulation
- Massage
- Neurodevelopmental treatment
- Manual therapy
- Pain modalities
- Balance training
- Gait training

The staff also treats patients with orthopedic injuries and conditions including:

- Arthritic disorders
- Joint replacement
- Amputation
- Lower extremity wounds
- Soft tissue injuries
- Hip fracture
- Chronic pain

Occupational Therapy

CRMC's Outpatient Occupational Therapy Department includes an expert staff of therapists. We will work with you and your physician to help you to achieve your maximal level of function and independence in daily life activities.

The CRMC Occupational Therapy staff is experienced in treating people with orthopedic injuries and many other conditions including:

- Upper extremity post fracture/dislocation
- Amputation
- Carpal tunnel syndrome
- Tendon reconstruction
- De Quervain's disease
- Joint replacement
- Chronic wounds
- Tendonitis
- Burns
- Trigger finger
- Arthritis
- Digit replantation

The staff treats patients with neurological disorders and injuries due to stroke, Parkinson's Disease and head trauma. All of CRMC's Occupational Therapists are skilled in providing:

- Custom splinting
- Pain control modalities
- Range of motion exercises
- Desensitization techniques
- Strengthening activities
- Joint protection techniques
- Adaptive equipment
- Patient education
- Scar management
- Wound care
- Edema control

Speech-Language Pathology

CRMC's Speech-language pathologists evaluate and treat individuals with swallowing, speech, and language disorders. Our outpatient speech pathologists work with pediatric, adult, and geriatric clients with dysphagia, neurological disorders, speech, and voice disorders.

Audiology

CRMC's Audiologists evaluate and treat individuals with hearing disorders. Services are provided at our Harris location only.

